Collaborative Approach to Falls Assessment and Prevention: Pharmacists’ Use of the ASCP/NCOA Falls Risk Reduction Toolkit—8 Hour Workshop

Appropriate Audience: Pharmacists

Description: Regardless of practice setting, the majority of pharmacists provide care for older adults. Each year, millions of falls-related injuries occur among older adults. Every 11 seconds, an older adult is treated in the emergency room for a fall; every 19 minutes, an older adult dies from a fall. Falls among older adults are largely preventable yet each year one-third of Americans aged 65 and older falls, resulting in costly negative outcomes. Medications are a modifiable risk factor for falls; therefore, pharmacists play a key role in preventing and mitigating falls risk.

This workshop will provide pharmacists with tools and resources needed to integrate falls prevention risk assessment and intervention into practice in conjunction with other health care providers. Attendees will be provided with the American Society of Consultant Pharmacists (ASCP)—National Council on Aging (NCOA) Falls Prevention Tool Kit, a comprehensive adjunctive assessment to the Centers for Disease Control and Prevention’s STEADI (Stopping Elderly Accidents, Deaths and Injuries) Provider Tool Kit.

The interactive workshop will focus on the clinical aspects of falls prevention for pharmacists and will offer pharmacists the opportunity to learn various assessment skills, as well as identify how to incorporate falls prevention into practice and collaborate with other health care professionals to reduce falls.

Mental Health First Aid Adult Training Course—8 Hour Workshop

Appropriate Audience: Pharmacists and Technicians

Description: This workshop teaches the participant how to identify, understand and respond to signs of mental illnesses. The training teaches skills needed to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. Over 1 million people across the United States have been trained in Mental Health First Aid. This training is appropriate for both pharmacists and pharmacy technicians. Most of us would know how to help if we saw someone having a heart attack. We would call 911 and start CPR. However too few of us know how best to respond to someone having behavioral health issue. Mental Health First Aid takes the fear and hesitation out of starting conversations about mental and behavioral health problems.
This workshop will address risk factors and warning signs for a range of mental health problems, including depression, anxiety, trauma, psychosis, substance use disorders and self-injury. Participants will learn to apply appropriate peer, social and self-help resources, as well as use a 5-step action plan to help an individual in crisis.

**Use of Screening, Brief Intervention and Referral for Treatment (SBIRT) by Pharmacists for Patients at Risk for Substance Abuse—4 Hour Workshop**

**Appropriate Audience:** Pharmacists

**Description:**
Pharmacists as healthcare providers often encounter signs of our nation’s growing substance misuse and abuse. This workshop is designed to teach pharmacists SBIRT an important skill set designed to help with early detection and intervention. During this training, participants will learn to screen patients for substance misuse, and effectively communicate to promote change based on the evidence-based SBIRT model promoted by the federal Substance Abuse Mental Health Services Administration (SAMHSA). The workshop will focus on how to: promote awareness of substance disorders and how these interfere with medications and contribute to comorbidities; identify and assess for at risk patients; and use appropriate motivational interviewing skills as brief interventions to elucidate change in patient behaviors. The training will also provide the opportunity to determine how best to incorporate SBIRT into the current workflow of the pharmacy or outpatient clinic service.

**Pharmacogenetics 101: A Primer for Pharmacists—4 Hour Workshop**

**Appropriate Audience:** Pharmacists

**Description:**
Pharmacogenetics has been described by some as an essential for pharmacists yet most have not taken steps to learn the basics. Pharmacists as “drug experts” will need to take the lead in understanding how genetic profiles impact drug selection and monitoring for patients. This workshop will address basic pharmacogenetics nomenclature, and compare and contrast various technologies used for pharmacogenetic testing. Participants will learn about available resources, as well as specific medications and clinical situations where pharmacogenetics testing is most useful. Time will be devoted to evaluating case scenarios to highlight opportunities and limitations of personalized medicine testing. Participants will learn about alternate recommendations for therapies and dosages based upon specific patient medications and pharmacogenetic profiles. Participants will also learn about an opportunity to have their own pharmacogentic testing completed by a North Carolina lab.
Creating Your Future with Intention: A Workshop for Emerging Leaders—4 Hour Workshop

**Appropriate Audience:** Pharmacists and Technicians

**Description:**
We all have the potential to lead whether it is in our personal or professional lives. This workshop is designed to help reveal leadership capacity within those individuals who are have found themselves with new leadership duties or are beginning to show leadership potential. This workshop will address core principles behind successful leadership and will include the importance of reflection, the ladder of influence and self-leadership concepts. During the workshop, participants will create a personal mission statement that reflects individual professional goals and passions. Participants will examine and evaluate potential solutions for challenges and barriers which may stand in the way of professional success.

Antimicrobial Stewardship: Models for Success—4 Hour Workshop

**Appropriate Audience:** Pharmacists

**Description:**
This workshop will essentially address five aspects of antimicrobial stewardship. First participants will learn about setting the stage for a successful antimicrobial stewardship program where operational strategies will be addressed. Secondly, time will be devoted to introducing the participants to antimicrobial stewardship opportunities. The importance of strong partnerships will be emphasized such as with diagnostic testing and microbiology. In addition, time will be devoted to regulatory standards and CDC core elements. Participants will emerge from this workshop with information necessary to implement a new program, service or strengthen an existing antimicrobial stewardship program.